



**LOS  
ANGELES  
LGBT  
CENTER**

# **UndocuQueer Health**

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## **Resource Guide**

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*Created by: Christian Espinoza, UCLA Labor Center | Dream Summer 2016 Project*

### **Introduction:**

“Unlike their heterosexual counterparts, LGBTQ youth often encounter barriers to accessing traditional support systems and resources. This Resource Guide outlines community resources in Los Angeles County that can help to improve access to these supports. When LGBTQ youth feel they are encircled with support from their peers, educators, and mental health professionals, their quality of life improves.”

**LATINO  
EQUALITY  
ALLIANCE**



**ALIANZA  
LATINA POR  
LA IGUALDAD**

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## Mental Health & Support Groups

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**Bienestar Human Services** – “Mpowerment is bienestar’s community level intervention program targeting gay/bisexual Latino youth 18 to 24 at risk of HIV infection. For more information, call 323-727-7896, email [info@bienestar.org](mailto:info@bienestar.org) or visit [bienestar.org](http://bienestar.org)”



**LGBTQ Advocacy & Training Program at Penny Lane Centers** – “Consists of therapeutic services including support groups, monthly socials and one-on-one rehab for clients experiencing issues with coming out, conflict resolution, crisis intervention or school issues. Professional trainings are also held for staff to inform employees of best practices when working with LGBTQ youth. For more information, call 818-894-3384, email [info@pennylane.org](mailto:info@pennylane.org) or visit [pennylane.org](http://pennylane.org)”

**Los Angeles LGBT Center** – “Provides a broad array of services for the lesbian, gay, bisexual, and transgender community. The Center offers free and low-cost health, mental health, HIV/AIDS medical care and HIV/STD testing and prevention. The Center also offers legal, social, cultural, and educational services, with unique programs for seniors, families and youth, including a 24-bed transitional living program for homeless youth. Located at 1625 N. Schrader Blvd, Los Angeles Ca 90028. For more information, call 323-993-7400 or visit [lalgbtcenter.org](http://lalgbtcenter.org)”



**LIFEWORKS**

**Lifeworks LA** – “Is a youth development program at the LALGBT Center. Offering one-on-one, peer and group mentoring opportunities including workshops and activities that are fun and educational for LGBTQ youth ages 12-24. Located at the LALGBT Center. For more information, call 323-860-7373, email [lifeworks@lagaycenter.org](mailto:lifeworks@lagaycenter.org), or visit [lifeworksla.org](http://lifeworksla.org)”

**LOS ANGELES GENDER CENTER (LAGC)** –

“Offers counseling for individuals, couples and families, support groups, child and adolescent programs, workplace and school support,



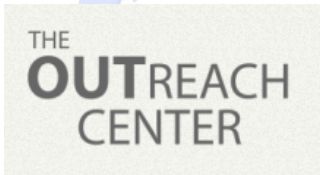
trainings and continuing education. For more information, call 310-475-8880, email [staff@lagendercenter.com](mailto:staff@lagendercenter.com) or visit [lagendercenter.com](http://lagendercenter.com)



**PASADENA PRIDE CENTER** – “Offers programs, services, events and referral services to support the well-being of the LGBTQ community in Pasadena/Gabriel Valley. Located at 234 N. Allen Ave, #17, Pasadena, CA 91106. For more information, call 213-631-0373, email [info@pasadenapridecenter.org](mailto:info@pasadenapridecenter.org) or visit [pasadenapridecenter.org](http://pasadenapridecenter.org)”

**PROJECT Q AT THE VILLAGE FAMILY SERVICES** –

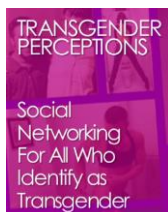
“Provides supportive services aimed at LGBTQ youth, ages 14-20, and is led by specially trained staff who are sensitive to the unique challenges faced by sexual minority youth. The LGBTQQA Youth Peer Group gathers on a weekly basis for empowerment, outreach, and peer support. The group meets every Thursday from 4:30 PM to 6 PM at the Drop-In Center. Registration is not required; you are welcome to just show up. Located at 6801 Coldwater Canyon, North Hollywood, CA 91605. For more information, call 818-755-8786, email [ProjectQ@thevillagefs.org](mailto:ProjectQ@thevillagefs.org) or visit [thevillagefs.org](http://thevillagefs.org)”



**THE OUTREACH CENTER-THE OUT PROJECT** – “Is open to gay, lesbian, bisexual, transgender, queer, questioning, pansexual, intersex, asexual, androsexual, gynosexual, and straight-ally youth ages 24 and younger. The Project promotes education to empower and make aware, outreach to involve and share experiences, activities to socialize and network, activism to create change and equality and a community to support and heal. Located at 2010 West Avenue K, Suite #397, Lancaster, CA 93536. For more information, call 661-92-PRIDE, email [info@outreachcenterav.org](mailto:info@outreachcenterav.org), or visit [outreachcenterav.org](http://outreachcenterav.org)”

**THE LGBTQ CENTER LONG BEACH** – “Offers HIV testing, drug and alcohol counseling, housing assistance, mental health and counseling services, social and support groups. Located at 2017 E 4th St., Long Beach, CA 90814. For more information, call 562-434-4455, email [info@centerlb.org](mailto:info@centerlb.org) or visit [centerlb.org](http://centerlb.org)”





### **TRANSGENER PERCEPTIONS-LOS ANGELES LGBT CENTER –**

“Is a peer led group for men and women across the gender spectrum offered by the L.A. Gay & Lesbian Center. For more information, call (323) 860-7302 M–F between 6–9pm or email [conversion@lalgbtcenter.org](mailto:conversion@lalgbtcenter.org) or visit [lalgbtcenter.org](http://lalgbtcenter.org)”

### **DRUG AND ALCOHOL COUNSELING-LOS ANGELES LGBT CENTER**

– “Provides one-on-one counseling, group therapy and other services which help recovery from addiction to alcohol or drugs. For more information, call 323-993-7500, email [mentalhealth@lagaycenter.org](mailto:mentalhealth@lagaycenter.org) or visit [lalgbtcenter.org](http://lalgbtcenter.org)”



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## ***Spirituality & Religion***

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**WEHO CHURCH** – “Provides a Christian gathering for all Christians and Curious in a troublesome world. Special outreach for gay, lesbian, bi and transgender people and all are welcome who want to come and join our worship. Located at 916 N. Formosa Ave, West Hollywood, CA 90036”

**DIGNITY LOS ANGELES** – “Is an independent lay organization that seeks to

**DIGNITY LOS ANGELES**

reform the Catholic Church and society in general, mainly on issues regarding the sexuality of gay, lesbian, bi-sexual, and transgender (GLBT) persons, and also to minister to the spiritual (and other) needs of GLBT persons. For more information, call 323-344-8064, email [info@dignitylosangeles.org](mailto:info@dignitylosangeles.org), or visit [dignitylosangeles.org](http://dignitylosangeles.org)”



### **AGAINST THE STREAM BUDDHIST MEDITATION SOCIETY**

– “Against The Stream Buddhist Meditation Society works to create and sustain communities of healthy, accountable, wise and compassionate people from every walk of life. People from all racial, economic, sexual, social, political and religious backgrounds and preferences are welcome. Two locations in Santa Monica and East

Hollywood. For more information, call 323-665-4300, email [service@againstthestream.org](mailto:service@againstthestream.org), or visit [againstthestream.org](http://againstthestream.org)”



**BETH CHAYIM CHADASHIM** – “Sustains a Jewish community for gay, lesbian, bisexual and transgender Jews. Located at 6090 West Pico Boulevard Los Angeles, CA 90035. For more information, call 323-931-7023, email [bcc@bcc-la.org](mailto:bcc@bcc-la.org) or visit [bcc-la.org](http://bcc-la.org)”



**METROPOLITAN COMMUNITY CHURCH LOS**

**ANGELES (MCC)** – “Is a prophetic, liberating and progressive Christian community of faith that honors, values and welcomes all people. Rooted in the Lesbian, Gay, Bisexual, Trans, Queer, and Intersex communities, MCC preaches a relevant, vibrant and scripture-based message that embodies and celebrates everyone’s spirituality and sexuality. Located at 4607 Prospect

Avenue, Los Angeles, CA 90027. For more information, call 323-669-3434, email [info@mccla.org](mailto:info@mccla.org), or visit [mccla.org](http://mccla.org)”

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## *General Health*

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**Jeffrey Goodman  
Special Care Clinic**

**LALGBT-CENTER-JEFFREY**

**GOODMAN SPECIAL CARE CLINIC** –

“Provides LGBT-sensitive high quality HIV/AIDS treatment regardless of financial

situation. The clinic accepts various insurance plans. If you aren’t insured or if your income is limited, staff will help you determine your eligibility for medical care and drug assistance programs. The clinic is staffed by HIV/AIDS specialists, including board-certified physicians, social services case managers, adherence counselors and a nutritionist. In addition to medical care, the Center’s HIV/AIDS services include case management, mental health counseling, complementary therapies such as chiropractic care, nutritional counseling, and on-site laboratory services. We also have an on-site pharmacy and offer patients the opportunity to participate in a number of clinical trials. Located at the McDonald/Wright Building at 1625 N. Schrader Blvd, Los Angeles, CA 90028. For more information, call 323-993-7500, email [healthservices@lalgbt.org](mailto:healthservices@lalgbt.org) or visit [lalgbt.org](http://lalgbt.org)”

**VALLEY TEEN CLINIC** – “Safe, comfortable health clinic for teens 12-19 run by a trained and certified staff of peers and licensed medical professionals. For more information, call 1-888-763-4070, email mail@teen411.com or visit teen411.com”



**We Treat Kids Better**

transition or actively transitioning. For more information, call 323-361- 5372 or visit transyouthla.com”

**PLANNED PARENTHOOD** – “Delivers vital reproductive health care, sex education, and information to millions of women, men, and young people worldwide. To find a location, visit plannedparenthood.org”



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## ***Housing***

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Hope & Homes for Runaway and Homeless Youth

### **LOS ANGELES YOUTH NETWORK**

**(LAYN)** – “Empowers abused, neglected and homeless adolescents to become self-sufficient. LAYN provides street outreach, food, emergency shelter, a transitional living program, and educational enrichment programs in a safe and nurturing environment. For more information, call 323-467-8466, email info@layn.org or visit layn.org”

**CHILDREN OF THE NIGHT** – “Is open to child prostitutes throughout the United States, and the Children of the Night hotline is ready and able to rescue these children 24 hours a day. We provide free taxi/airline transportation nationwide for America's child prostitutes who wish to escape prostitution and live in our home. For more information, call 818-908-4474 or visit [childrenofthenight.org](http://childrenofthenight.org)”



**YOUTH CENTER ON HIGHLAND** – “Is a drop-in center for LGBT youth that provides case management, support groups, meals, clothing, laundry, showers, computer access and an educational/GED preparation center. The Center is located at 1220 N. Highland Ave. and is open M-F (8:30am-5:30pm) and Sat-Sun (8:30am-4:30pm). For more information, call 323-860-2280, email [youthservices@lalgbtcenter.org](mailto:youthservices@lalgbtcenter.org) or visit [lalgbtcenter.org/youth\\_center](http://lalgbtcenter.org/youth_center).”

**COVENANT HOUSE CALIFORNIA** – “Offers a live-in facility for LGBT homeless youth (18-24 years old). Services provided are short and long term housing, meals, health and medical services, mental health services, substance abuse counseling, recreation and employment opportunities. Located at 1325 N. Western Avenue Hollywood, CA 90027. For more information, call 323-461 -3131, email [info@cocovenanthousecalifornia.org](mailto:info@cocovenanthousecalifornia.org) or visit [covenanthousecalifornia.org](http://covenanthousecalifornia.org).”



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## Legal Issues

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### Legal Services

**L.A. LGBT CENTER LEGAL CLINIC** – “Offers one-on-one attorney consultations on a no- or low-cost basis to those who need counsel regarding a wide-range of legal issues, including but not limited to business, civil rights, consumer, criminal, employment, family, government benefits, immigration, insurance, landlord/tenant issues, personal injury, and wills and estates. We request a \$10 processing fee for the consultation, but no one will be denied services for lack of funds. For more information, call (323) 993-7670, email [legalservices@lagaycenter.org](mailto:legalservices@lagaycenter.org) or visit [laglc.org/legalservices](http://laglc.org/legalservices).”

**LAMBDA LEGAL** – “Is the oldest and largest national legal organization whose mission is to achieve full recognition of the civil rights of lesbians, gay men, bisexuals, transgender people and those with HIV through impact litigation, education and public policy work. For more information, call 213-382- 7600, or visit [lambdalegal.org](http://lambdalegal.org).”



**UNDOCUMENTED & QUEER  
TALKING CIRCLES-LONG BEACH  
IMMIGRANT RIGHTS COALITION –**

“LBIRC currently runs talking circles for undocumented and queer youth, examining the intersection of the LGBT and immigrant community. Talking circles are held on the second and fourth Thursday of every month at The Center, 2017 E. 4th St, from 6:30- 8 :30 pm. For more information, call 714-873-6898, email [Miguel.lbire@gmail.com](mailto:Miguel.lbire@gmail.com) or visit [lbirc.org](http://lbirc.org).”

**AMERICAN CIVIL LIBERTIES UNION  
(ACLU) – LESBIAN, GAY, BISEXUAL,  
TRANSGENDER PROJECT –**

“The mission of the ACLU LGBT Project is the creation of a society in which lesbian, gay, bisexual and transgender (LGBT) people enjoy the constitutional rights of equality, privacy and personal autonomy, and freedom of expression and association. For more information, visit [aclu.org/lgbt-rights](http://aclu.org/lgbt-rights).”



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## *School and Education*

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**GAY-STRAIGHT ALLIANCE NETWORK**

– “Is a national youth leadership organization that connects school-based Gay-Straight Alliances (GSAs) to each other and community resources through peer support, leadership development, and training. For more information, email [info@gsanetwork.org](mailto:info@gsanetwork.org) or visit [gsanetwork.org](http://gsanetwork.org).”



## **GAY, LESBIAN, & STRAIGHT EDUCATION**

**NETWORK (GLSEN)** – “Works to ensure that LGBT students are able to learn and grow in a school environment free from bullying and harassment. For more information, email [losangeles@chapters.glsen.org](mailto:losangeles@chapters.glsen.org) or visit [glsen.org](http://glsen.org).”



## **WELCOMING SCHOOLS – A PROJECT OF THE HUMAN RIGHTS CAMPAIGN**

**FOUNDATION** – “Helps meet the needs of students whose family structures are not well represented or included in school environments, Welcoming Schools also provides tools to address bias-based name-calling and bullying. Additionally, it

offers a wide range of resources for schools to support students who don’t conform to gender norms. For more information, visit [welcomingschools.org](http://welcomingschools.org)”

**PROJECT 10 OF LAUSD** – “Helps parents with gender variant children with placement in supportive LAUSD schools, and provides help in negotiating to solve school problems encountered by gender variant children. For more information, email [stephen.jimenez@lausd.net](mailto:stephen.jimenez@lausd.net) or visit [project10.org](http://project10.org).”



**REACH LA** – “Through its media arts programs, REACH LA is committed to advocacy of LGBTQ youth rights, visibility for the LGBTQ youth of color community, fostering LGBTQ youth creative media expressions and building connections to existing resources. For more information, call 213-622-1650, email [reachla@earthlink.net](mailto:reachla@earthlink.net) or visit [reach.la](http://reach.la).”

**THE POINT FOUNDATION** – “Supplies financial support, professional guidance and a network of contacts for LGBTQ undergraduate, graduate and post-graduate students. Point also attempts to identify students who have exceptional financial needs that would require personal assistance for personal success. For more information, visit [pointfoundation.org](http://pointfoundation.org).”





**PFLAG NATIONAL SCHOLARSHIP** – “The PFLAG Scholarship program provides support for role models and pioneers around the country that are making schools safer for all students. For more information, visit [community.pflag.org/scholarship](http://community.pflag.org/scholarship).”

**FINAID – FINANCIAL AID FOR LESBIAN, GAY, BISEXUAL & TRANSGENDERED STUDENTS** –

“Lists regional and national LGBT scholarships. For more information, visit [finaid.org/otheraid/lgbt.phtml](http://finaid.org/otheraid/lgbt.phtml)”



**LEAGUE FOUNDATION** – “The LEAGUE Foundation awards scholarships for lesbian, gay, bisexual, and transgender high school seniors who have a GPA of at

least 3.0 on a 4.0 scale and who are actively and substantially involved in community service. [leaguefoundation.org](http://leaguefoundation.org)”

**MODELS OF EXCELLENCE SCHOLARSHIP** –

“Friends of Project 10 Inc. Scholarship fund for Senior High School students from Southern California public, private and parochial schools who have advanced the civil rights of the LGBT population. For more information, visit [project10.org/scholarships.html](http://project10.org/scholarships.html).”



The Charitable Foundation



**GAMMA MU FOUNDATION**

**SCHOLARSHIPS** – “The Gamma Mu Foundation awards \$19,000 in individual scholarships to gay men who want to continue their education beyond high school at a college, university, or through a vocational or professional training program.

The program supports a wide range of educational options, including vocational and technical training, as well as Associate's, Bachelor's and graduate degrees. For more information, visit [gammamufoundation.org](http://gammamufoundation.org)”

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